

Termos e condições do Desafio do Dia Internacional da Mulher de 2026

1. Promoter

This promotional competition is run by **Freeletics GmbH**, Berg-am-Laim-Straße 111, 81673 Munich, in the following "Freeletics".

Contact person and responsible is solely Freeletics GmbH.

2. Conditions of participation

Participation in the competition is governed exclusively by the following conditions of participation.

How to enter competition	Qualquer pessoa com uma assinatura ativa do Freeletics pode participar do Desafio do Dia Internacional da Mulher de 2026. Para entrar no sorteio, todos os participantes devem completar o desafio.
Prize	Os participantes que concluírem o Desafio serão qualificados para concorrer a uma assinatura gratuita de 12 meses do Calm Premium.
Procedure	O desafio ocorrerá entre domingo, 8 de março de 2026 às 00:00 CET e vai até domingo, 8 de março de 2026 às 23:59 CET. A competição acaba em 8 de março de 2026 às 23:59 CET. Atividades realizadas após a data de encerramento não serão contabilizadas. O Freeletics selecionará aleatoriamente 1000 ganhadores dos prêmios entre todos os participantes elegíveis.
How winners will be notified	Winners will be notified via the email address used to sign up for Freeletics. If a winner cannot be contacted, is not available, or does not respond within 7 working days, the Promoter reserves the right to re-draw another winner from the valid entries that were received before the Closing Date. Winners of digital prizes will receive these directly by email.
Granting of rights	Winners may be announced on social media. By participating in this competition, the winner gives permission for their name, social media handle and/or picture to be published on the Promoter's Social Media Channels or any other channels of the Promoter.

Responsibilities and Warranties	Qualquer reclamação, pergunta, queixa ou problema em relação a um prêmio do Calm deve ser dirigida diretamente ao Calm.
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3. General Terms & Conditions

By entering, all entrants agree to be bound by these terms and conditions and any associated entry requirements:

- a. Only natural people of full age are eligible to participate. The employees of Freeletics GmbH and its affiliated companies, as well as their relatives and all other parties involved in the execution of the competition, are excluded from participating in this competition.
- b. Automatically generated entries (e.g. via lottery service providers etc.) are void. In any case of a breach of these terms and conditions or the influence on equal opportunities, e.g. by technical manipulation, or a similar serious violation, Freeletics may, at its own discretion, terminate the participation of the entrant or change the terms and conditions of the competition. The participation in this promotion is free of costs. Each participant is only entitled to participate once in the promotion.
- c. If a non-eligible participant is determined to be a winner, he/she will be denied the prize. The Promoter reserves the right to re-draw another winner from the valid/correct entries that were received before the closing date.
- d. The prize is non-transferable and non-refundable. No cash alternative is available in whole or in part.
- e. The winners will be selected at random from all valid entries for this competition received before the closing date. The participant must have an existing user account with Freeletics GmbH during the entire competition period.
- f. Recourse to the court is not permitted.

4. Warranties and publications

The participant declares by participating in the promotion that the respective email address is their own and is not owned by a third party. Should third parties file any claim against Freeletics for infringement of their rights in connection with the respective email address, the participant bears full responsibility for the damage suffered by the third party. The winner will be contacted via the given email address and requested to send their current address for the purpose of delivering the prize.

5. Declaration of consent

As far as personal data from participants are collected in the course of the competition, these are collected, processed, and used by the promoter solely for the purpose of carrying out and processing the competition. The data will be deleted within 30 days after the competition has been carried out. The participant may object or withdraw their consent at any time for the future. The participants have a right to access, rectify, and right of erasure of personal data.

6. Miscellaneous

If individual provisions of these terms and conditions are illegal, invalid, or unenforceable, this shall not affect the validity or enforceability of any other provision.

There is no right of appeal. Jurisdiction is Munich.